

INTUITIVE KNOWING WORKSHOP

The Inward Eye: Center for Learning in Art Therapy & Imagery



Sunday, March 3, 2013 from 9:30am to 1:30pm

Using guided imagery and art, this workshop will provide a setting and support for the use of direct interaction with the imagination. This process can be used to facilitate learning and insight; enhance creativity; promote healing; and encourage personal, psychological, and emotional growth.

Interactive Guided Imagery^[SM] is a simple, easy to learn and use process by which one can dialog directly with parts of one's own unconscious, thereby bringing to awareness previously hidden information. No prior experience with guided imagery or art is necessary for this workshop since basic explanation and techniques will be taught at the beginning. For those experienced or not in using guided imagery this workshop will provide the support for personal exploration of any depth. This workshop will include instruction and explanation, small group discussions, guided imagery journey, and art making.

The workshop will be held at The Inward Eye Studio, 14 Thomas Avenue #1 (entrance on Doyle Alley), Bryn Mawr, PA 19010. (Parking in lot or on street is free on Sunday. Ten minute walk from the Bryn Mawr station of the SEPTA commuter rail line Thornburg/R5)

Sunday, March 3, 2013- 9:30am to 1:30pm. Refreshments will be available. No lunch.

The workshop will be limited in attendance to a small group so register early. Cost is \$100 for registration by January 31. After that the cost will be \$125.

For more information or to register contact: Bob Schoenholtz, M.S., ATR-BC, LPC
imaginal@theinwardeye.com - 610-761-1905 - www.theinwardeye.com